



# DISCIPLESHIP DNA

## HOW TO USE =

Discipleship DNA is something all Christians should possess as they seek the life of following Jesus and making disciples who make disciples. From our experience, the most ideal setting for this DNA to be used is between a disciple-coach and a disciple. This could be one-on-one, in a discipleship group, a Missional Community, or some other 3/3rd or DBS based group. If with a group, the best plan would be to go through the 3/3rd or DBS process and add on 20-30 mins on the end to learn and begin practicing the DNA. If in a one-on-one setting these could be gone through with or without the 3/3rd or DBS study, just scheduling time to work through the DNA blocks. Below are some potential pathways to work through the DNA

## Special Notes and Instructions ...

*One important thing to keep in mind is that discipleship isn't necessarily a one-size fits all or a purely linear process. Space must be made for the role and the work of the Holy Spirit in guiding and directing the process; in other words, the numbers or ordering you see does not have to be sequential!*

The real point of these DNA blocks is not that they are simply known, but they are regularly practiced! With this in mind it might take a few weeks to see disciples practicing the DNA. This also means that it could take more than a semester or more than a year to begin practicing all, and so we have a one-year and two-year pathway depending on the person or group.

- 1 PRAYER
- 2 SCRIPTURE
- 3 IDENTITY
- 4 HEALTH
- 5 COMMUNITY
- 6 STORY-TELLING
- 7 KINGDOM GROWTH



# DISCIPLESHIP DNA

## TWO-YEAR PATHWAY

### PHASE ONE

#### 1 PRAYER

WEEK 1 = Matthew 6:5-15

- ACTS/ACTIVE Prayer

WEEK 2 = James 5:13-20

- Listening & Prayer Wheel

WEEK 3 = John 17

- Prayer Walking

Extra Weeks if Needed

WEEK 4 = Daniel 9:4-19

WEEK 5 = Philippians 4:4-13

#### 2 SCRIPTURE

WEEK 1 = 2 Timothy 3:10-17

- Lectio Divina

WEEK 2 = Hebrews 4:1-13

- SOAPS

WEEK 3 = Psalm 1

- Stool & Word in Community

Extra Weeks if Needed

WEEK 4 = Psalm 19:1-14

WEEK 5 = Psalm 119:1-16

#### 3 STORY-TELLING

WEEK 1 = Acts 22:1-21

- My Story/ Testimonies

WEEK 2 = 1 Corinthians 15:1-11

- God's Story/ The Gospel

Extra Weeks if Needed

WEEK 3 = 2 Corinthians 5:11-21

WEEK 4 = Acts 1:1-8

#### 4 IDENTITY

WEEK 1 = Identity & Image of  
God Discovery Tool

WEEK 2 = Identity of a Disciple  
Discovery Tool

Extra Weeks if Needed

WEEK 3 = Ephesians 2:4-10, 19-22

WEEK 4 = Romans 8:1-17

#### 5 KINGDOM GROWTH

WEEK 1 = 2 Timothy 2:1-10

- Duckling Discipleship

WEEK 2 = Luke 10:1-12

- Person of Peace/Prayer walk

WEEK 3 = Mark 5:1-20

- Two Lens (1st Lens)

WEEK 4 = Acts 8:26-39

- Baptism/Leading to Christ

#### 6 HEALTH

WEEK 1 = Luke 2:41-52

- Physical Health

WEEK 2 = Mark 2:23-28

- Sabbath

#### 7 COMMUNITY

WEEK 1 = Acts 2:42-47

- 3/3rds & Groups

WEEK 2 = Colossians 3:12-17

- Spiritual Family

WEEK 3 = Ephesians 5:8-20

- CHAT

WEEK 4 = Romans 12:3-8



# DISCIPLESHIP DNA

## TWO-YEAR PATHWAY

### PHASE TWO

#### 1 PRAYER

WEEK 1 = Acts 4:23-31

- Pray with Others

WEEK 2 = Ephesians 6:10-20

- Spiritual Warfare

Extra Weeks if Needed

WEEK 3 = 2 Corinthians 10:1-6

WEEK 4 = 1 Peter 5:6-11

#### 2 SCRIPTURE

WEEK 1 = Psalm 119:97-112

- Bible in a Year

WEEK 2 = Psalm 119:33-48

- Studying/Memorization

#### 3 STORY-TELLING

WEEK 1 = Acts 17:16-34

- Initiate Spiritual Conversation

#### 4 IDENTITY

WEEK 1 = Spiritual Gifts (Pt.1)

Discovery Tool

WEEK 2 = Spiritual Gifts (Pt.2)

Discovery Tool

WEEK 3 = Vocation & Calling

Discovery Tool

Pie Vs. Wheel

Extra Weeks if Needed

WEEK 4 = 1 Corinthians 13

WEEK 5 = 1 Corinthians 14:1-25

#### 5 HEALTH

WEEK 1 = John 11:17-44

- Emotional Health

WEEK 2 = Matthew 12:25-45

- Spiritual Health

WEEK 3 = Persecution & Suffering

Discovery Tool

#### 6 KINGDOM GROWTH

WEEK 1 = Eyes to See (Pt.1)

Discovery Tool

WEEK 2 = Eyes to See (Pt.2)

Discovery Tool

WEEK 3 = God's Heart for the Nations

Discovery Tool

WEEK 4 = Least, Last, Lost

Discovery Tool

WEEK 5 = Justice & Shalom

Discovery Tool

#### 7 COMMUNITY

WEEK 1 = Acts 4:23-37

- Simple Church

WEEK 2 = Romans 12:9-21

- One-Another's