



# IDENTITY & THE IMAGE OF GOD

One of the most popular words and themes of our culture and society is Identity. Issues of Identity find their way throughout many cultural conversations, and drastically affect how people live and go about their lives. The problem is that most people don't fully understand the biblical foundation of Identity, which is ironic considering we find this foundation on the first page of the Bible.

Whether we are seeking to find our identity, wrestling with the identity we think we have, or struggling with Mental and Emotional Health issues, a proper understanding of who we are and how we were created in the image of God can help alleviate these issues and lay our personal and spiritual foundation. More than that, though; a proper understanding of our identity created in the image of God can help us re-think how we see and treat people around us.

## IDENTITY STATEMENTS

*Not only made in God's image, but in Jesus we are also these below and more!!!!*

I am the salt of the earth and the light of the world (Matt 5:13-14)

I am a child of God (John 1:12)

I am Christ's friend (John 15:15)

I am chosen and appointed by Christ to bear His fruit (John 15:16)

I am a son of God; God is spiritually my Father (Rom 8:14,15)

I am a joint heir with Christ, sharing His inheritance with Him (Rom 8:17)

I am a new creation (2 Cor 5:17)

I am a son of God and one in Christ (Gal 3:26, 28)

I am chosen of God, holy and dearly loved (Col 3:12; 1 Thes 1:4)

*For more identity in Christ statements ask your coach!*

## DISCOVERY INSTRUCTIONS:

- Take a moment to read the two passages below.
- What does the Bible say your identity is?
- What does it mean to you to be made in the "image of God"?
- How does being made in God's change the way you view yourself? Change the way you view others?
- Being made in God's image, also comes with purpose. What does the Bible say this is, and what do you think it means for your life more specifically?

## PASSAGES:

GENESIS 1:26-28  
PSALM 8