

## Discipleship Groups Toolbox of Core Practices

Coach	Model	Assist	Watch	Launch
<i>What the coach does</i>	Coach gives direction and information	Coach gives direction and support	Coach gives support and encouragement	Coach stays connected and receives updates
Discipleship Phase	D1	D2	D3	D4
<i>How to know what phase you're in</i>	I don't understand it or don't do it	I understand and do it, but I need help	I understand and do it, but I may have questions	I have mastered it; no help needed
<b>Love God</b>				
Pray (listening, prayer wheel) - 1 Thes 5:16-20, Matt 6:5-13				
Read word daily - 2 Timothy 3:14-17, Psalm 119:9-16				
Stool - Luke 6:46-49, John 15:14-17				
Engage in spiritual warfare - 1 Pet 5:8-11, Eph 6:10-18				
Prepare for persecution and suffering - 2 Tim 3:12-13				
Be accountable (CHAT group) - Gal 6:1-5				
Live in your identity in Christ - Eph 1:13-21				
<b>Love Others</b>				
Stay connected with your coach (Duckling Discipleship) - 2 Tim 2:1-2, Phil 3:17-21				
Read the Bible in group (3/3rds) - 2 Tim 2:14-17				
Participate in spiritual family and simple church - Acts 2:42-48, John 13:34, Eph 4:32, Col 3:13, Rom 12:10, Rom 13:8				
<b>Make Disciples</b>				
Search for People of Peace (prayer walk) - Luke 10:1-12				
Make list of 100 (2 lenses) - Matt 9:9-13				
Who do I disciple? (F.A.T.) - 2 Tim 2:1-2				
Initiate Spiritual Conversations - John 4:1-26, 38-42				
Share your testimony - John 4:38-42				
Share the gospel - John 4:1-26				
Start new 3/3 groups - Rom 15:13-16, Acts 14:21-28				
Be baptized and baptize others - Matt 28: 18-20				

**The Goal:** Establish these core practices through to the 4th generation of the people we disciple. This will allow groups to multiply and a healthy movement to launch.

**You can train you disciples in these practices/tools after the 3/3rds of a discipleship group.** For example, you can study any scripture in your 3/3rds for 45-60 min, then trains the group in specific practices/tools for 20-30 min after.

**You can also train someone in these tools without being in a 3/3rds with them.**

You don't have to go through these trainings in this order. Talk to your coach and do what's best for your group.

As you share these core practices, explain what it is, why it's important from scripture, and any practical tools to help in the practice

**The 4 phases of Model (D1), Assist (D2), Watch (D3), and Launch (D4) overlap**

- Gen 0 models the core practices to Gen 1, who then begins living them immediately
- Gen 0 shifts from Model to Assist for any core practice that Gen 1 moves from D1 to D2 on.
- Gen 0 finishes modeling when Gen 1 moves from D1 to D2 on all the core practices
- Gen 1 begins modeling for Gen 2 as soon as possible. Gen 1 can model any core practice that is in the D2 phase or higher (Gen 1 doesn't have to master all the core practices before beginning to model for Gen 2)

**As we grow in these practices, the DNA will grow in us and in those we disciple.**